

QUESTIONNAIRE APPLIED TO TURKISH FAMILIES IN BAKI GÜNDÜZ PRIMARY SCHOOL ABOUT SHOPPING AND ADDITIVES FOR VIRTUAL MEETING (114 FAMILIES PARTICIPATED IN SEPTEMBER 2021)

1 Do you usually look at the labels of the food before you buy?

%76,1 YES          %3,5 NO          %20,4 SOMETIMES

2 Do you often buy the food what your child want?

%23,7 YES          %7 NO          %69,3 SOMETIMES

3 Do you often buy the food which is healthier for your child?(rather than your child's choice)

%86 YES          % 0,8 NO          %13,2 SOMETIMES

4 Do you know that there are additives in most of the packed products?(biscuits,chocolates....etc.)

%91,2 YES          %4NO          % 5 NO IDEA

5 Do you think the additives are healthy?

%78,9 NO          % 1 YES          %20,1 NO INFORMATION

6 Do you think the additives are unhealthy?

%74,6 YES          % 3 NO          %22,8 NO INFORMATION

7 Do you understand the ingredients easily on the packed products?

%30,7 YES          % 17,5 NO          %51,8 PARTLY

8 Do you prefer frozen fruits and vegetables?

%99,1 NO          % 0,9 NO

9 Do you prefer fresh fruits and vegetables?

% 100 YES

10 Do you buy frozen food?

% 62 SOMETIMES

11 Do you buy brand products?

% 72,3 YES % 23,2 NO

12 Do you prepare a shopping list before going to market?

%79,6 YES % 17,7 NO

13 Do you control your kitchen before shopping?

%99,1 YES

14 Do you often give packed product to your child as a snack?

%60,2 YES %39,8 NO

15 Do you always waste food?

% 92,1 NO % 7,9 YES

16 Do you have leftovers for other meals?

% 90,4 YES % 9,6 NO

17 Do you freeze the leftovers?

% 68,4 YES % 31,6 NO

18 Do you often cook pulses?

% 85 YES      % 15 NO

19 Do you often cook vegetables?

% 86,7 YES      % 13,3 NO

20 Do you usually eat vegetables with fish or meat?

% 90,4 YES      % 9,6 NO

21 Do you analyse special offers? 3×2

% 69,3 YES      % 30,7 NO

YOU CAN FIND SOME STATISTICS RESULTS HERE TO COMPARE WITH THE OTHER SCHOOLS RESULT.

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