

References and Materials for C3 Spain

Link TED: https://www.ted.com/talks/jamie_oliver_teach_every_child_about_food#t-720479

(subtitled Turkish, Italian, Spanish, Romanian, Slovenian)

Report on Food Additives: Why and for what

(<https://www.ocu.org/alimentacion/seguridad-alimentaria/informe/aditivos-alimentos>)

Eat well. (NHS site) <https://www.nhs.uk/live-well/eat-well/>

Food labels. <https://www.nhs.uk/live-well/eat-well/how-to-read-food-labels/>

20 tips to eat well for less. <https://www.nhs.uk/live-well/eat-well/20-tips-to-eat-well-for-less/>



Organización de consumidores y usuarios